



Training for Therapists

Our Trainers are both experienced in the design and delivery of a range of counselling and therapy training. Mark and Jo have both taught at Devon and Cornwall Counselling Hub and bring to Training for Therapists a wealth of knowledge and experience for those who have qualified along with a range of workshops suitable for those in training and beyond.

Mark Hartshorn



I have a private practice in Plymouth where I see clients and supervisees and am an integrative therapist. This means that I use several different counselling models or theories in my work. I integrate Person Centred, Gestalt, CBT and Transpersonal ways of working to help my clients gain greater awareness of themselves and the problems they are encountering. My work helps people to uncover how trauma has impacted them and how it has caused fragmentation in the self, with my aim being to facilitate integration.

I am passionate about helping people to feel empowered to become the person they truly are and I enthusiastically bring this to my training, therapy and supervision work.

I have taught counselling, therapy and supervision for around sixteen years at all levels in different settings, most recently Devon and Cornwall Counselling Hub and bring to my training a wealth of experience in the design and delivery of training.

Jo Schroeder



I aim to live with an open heart where authentic exchange and healing is possible. I am committed to bringing this to all aspects of my life, within my family, friends, those I work with and to my connection to animals, ancestors and nature. I care about the impact I have on people and planet. This guides me in the decisions I make in life including:

- Research and training I undertake to ensure I have a thorough understanding of what is healing/therapeutic.
- Personal work I do within myself to work through things which stand between me and my capacity to love and stay open hearted.
- Willingness to stay open to hearing where I may have contributed to hurt and intention to foster genuine repair.
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My hope is to share the potential for authentic exchange and healing through the work I do as a therapeutic counsellor, IFS and trauma professional, group facilitator and supervisor.